

REGISTER NOW!

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PLAN B

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TIME FOR HEROES TO STEP UP!
TEST YOUR METTLE
AND FACE THE PROS!



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WWW.HEROES-CHALLENGE.DE



**THE OBSTACLE COURSE FOR
REAL EVERYDAY HEROES!**

**16.-18.05.2014
ST. WENDEL**

PRESENTED BY

PLAN B

VIKING



Gründel's

Men'sHealth



TIME FOR HEROES TO STEP UP !!!

The VIKING heroes challenge calls upon members of emergency crews, the Police or Armed Forces, fire brigades or any other rescue staff to convene for an endurance contest of a special kind. Competing teams face a tough-as-nails obstacle course that requires as much one-upmanship as it does team spirit. Find out if your unit has the stuff to stay ahead of the others when the going gets tough.

OBSTACLE LINE-UP*

- #01 TOWER
- #02 SHED-RUN
- #03 HOLY WALLS
- #04 BAY OF REEDS
- #05 SPIDERWEB
- #06 TUBES
- #07 HEDGE CRAWL
- #08 PICK-UP-STICKS
- #09 JUNGLE SLOUGH
- #10 HAYSTACK
- #11 CLIMBING WALL
- #12 STREAMBED
- #13 MUDWALL
- #14 CONTAINER
- #15 TRANSPORT
- #16 TUNNEL
- #17 SLIDE

*PRELIMINARY SELECTION AND ORDER, SUBJECT TO CHANGE



The obstacle course will be open to registrants of the general public for one-on-one competitions.

PRACTICE FOR YOUR NEXT FIELD ASSIGNMENT!

ANOTHER PREMIERE EVENT IN ST. WENDEL

PUBLIC DISCLOSURE

#8 PICK-UP-STICKS

Team Challenge

(2 competitors make up 1 team)

- ✓ Sumptuous catered food
- ✓ Start numbers and timekeeping
- ✓ Award certificate and results list for download on website
- ✓ Walk-in medical care services during the event
- ✓ 1x give-away by sponsors
- ✓ 1x Mens Health magazine
- ✓ Race photography services (Sportograf)
- ✓ Starter bag
- ✓ Award ceremony and valuable non-cash prizes
- ✓ Event T-shirt (please note your size on registration form)
- ✓ Change-of-clothing checkroom service
- ✓ Shower opportunities
- ✓ Friday night warm-up party
- ✓ Saturday night pasta party
- ✓ Parking ticket (valid for weekend)
- ✓ Stick-on tattoo

ACTION FORCES ONLY!



Solo Challenge

- ✓ Sumptuous catered food
- ✓ Start numbers and timekeeping
- ✓ Award certificate and results list for download on website
- ✓ Walk-in medical care services during the event
- ✓ Give-away by sponsors
- ✓ 1x Mens Health magazine
- ✓ Race photography services (Sportograf)
- ✓ Starter bag
- ✓ Award ceremony and valuable non-cash prizes
- ✓ Event T-shirt (please note your size on registration form)
- ✓ Change-of-clothing checkroom service
- ✓ Shower opportunities
- ✓ Parking ticket (valid for weekend)
- ✓ Stick-on tattoo



TEAM RANKINGS POSSIBLE

SCHEDULE / PROGRAM

FRIDAY, 16. MAY 2014
INTRO DAY

after 4 pm

- > registration of participants
- > pickup of race documentation
- > expo area with partners of the trade
- > course inspection / training runs

7 pm

- > VIKING Heroes warm-up party / course briefing

SATURDAY, 17. MAY 2014

VIKING HEROES TEAM CHALLENGE

all-day

- > expo area with partners of the trade

after 10 am

- > registration of participants
- > pickup of race documentation

12 pm

- > Start Viking Heroes TEAM Challenge

after 8 pm

- > Heroes Pasta-Party followed by Award Ceremony
- > Photos / Video of the day

SUNDAY, 18. MAY 2014

VIKING HEROES SOLO CHALLENGE

all-day

- > expo area with partners of the trade

7:30 - 9:30 am

- > registration of participants
- > pickup of race documentation

10 am

- > Start VIKING Heroes SOLO Challenge

4 pm

- > Award Ceremony in the Expo Area and
- > End of the Event